SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Palpation II

CODE NO.: MST1200 SEMESTER: 2

PROGRAM: Massage Therapy

AUTHOR: Lise St. Hilaire

DATE: Jan/03 **PREVIOUS OUTLINE DATED:** Jan/02

APPROVED:

DEAN DATE

TOTAL CREDITS: 1

PREREQUISITE(S): ANT 1100, MST1100

HOURS/WEEK: 1

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For additional information, please contact Dean
School of Health and Human Services
(705) 759-2554, Ext. 603/689

I. COURSE DESCRIPTION:

This course involves the recognition, palpation, and description of the locations of all the palpable muscles in the human body. Muscle actions and client instruction will also be utilised.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

- 1. Recognise and label muscles on peers and biology models.
- 2. Palpate all palpable muscles on the human body.
- 3. Describe or explain the location of all muscles on the human body.
- 4. Instruct the client to contract each palpable muscle of the human body.

III. TOPICS:

1. Muscle palpation

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Biel, Andrew. (2001). Trail Guide to the Body. (2nd ed.). Books of Discovery.

V. EVALUATION PROCESS/GRADING SYSTEM:

Evaluation Methods:

The evaluation methods will be discussed and a written copy will be given to students during the first two weeks of class.

Supplemental Exam:

One opportunity for a supplemental exam will be offered to students who meet the following criteria:

- a) have a grade of 50 59% in the course
- b) have attended at least 80% of the scheduled class time

The final grade for the semester will be based solely on the supplemental exam. The grade achieved will not be higher than a "C".

The following semester grades will be assigned to students in postsecondary courses:

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| 4.00 |
| 3.75 |
| 3.00 |
| 2.00 |
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VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1204 or call Extension 493, 717, or 491 so that support services can be arranged for you.

Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Plagiarism:

Students should refer to the definition of "academic dishonesty" in *Student Rights and Responsibilities*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.